



Stone Church Resolutions to Help the World

Check off items your family will try to do this year to help God's Creation:

Reduce Your Carbon Footprint:

- Find your ecological footprint at <http://www.myfootprint.org/> along with tips for reducing it
- Turn out lights
- Drive less
- Carpool more
- Walk & bike more
- Try public transportation
- Eat local, in season, produce
- Avoid purchasing disposable items with lots of packaging
- Install fluorescent or LED lighting
- Buy Energy Star when you need a new appliance
- Look for 40+mpg when you need a new car
- Look into solar
- Add insulation if needed
- Install double paned windows
- Plant a tree
- Save trees, free yourself from junk mail <http://www.newdream.org/index.php>

Consume Fewer World Resources:

- Buy less
- Buy recycled items with post-consumer content
- Repair what you have
- Buy used
- Trade with friends
- Eat fewer fast foods
- Share with friends (a tool, a recipe, a meal, a ride...)
- Recycle all things allowed
- Start a compost pile
- Use cloth bags for shopping
- Print out a Wallet Buddy <http://www.newdream.org/walletbuddy.pdf> to wrap around your credit card

Help Others in the World:

- Consider the people who make & raise products for you
- Buy items with a Fair Trade logo
- Find Fair Trade items in stores or online at Fair Trade Federation website <http://www.fairtradefederation.org/memol.html> and Trans Fair Trade <http://www.transfairusa.org/>
- Buy organic food
- Buy U.S. made/ union made items
- Donate to a charity whose work you value
- Volunteer some hours each month to a charity you value

Conserve & Protect Water:

- Repair leaks
- Plant drought tolerant plants
- Wash full loads
- Use non-toxic, non-polluting cleaning products
- Give up bottled water
- Turn off the water while brushing your teeth
- Use low flow fixtures & get rebates
- Support clean water for all on the earth. One way is to send a message to your congress person to support legislation that considers water a public trust and a global good and does not treat it like a private commodity.
- Learn about Living Waters for the World <http://www.livingwatersfortheworld.org/> a project of Living Waters Presbytery, Tennessee, which provides water purification systems to communities with access to water that is not potable.

Eat to sustain and protect the world and your body:

- Eat organic food
- Eat seafood that is sustainable (check the Sea Food Watch website - www.montereybayaquarium.org/cr/seafoodwatch.asp)
- Eat more veggies and less meat
- Eat fewer processed foods
- Plant a garden

Discuss these issues with your family:

- when you drive
- when you shop
- at meal time
- when you hike
- when you go for a walk
- at bedtime

Discuss these issues and be an advocate for the earth:

- at work
- with friends & neighbors
- at church
- let your representatives know your opinions about caring for the earth

- use <http://www.leginfo.ca.gov/index.html> to find your California legislator's contact information and direct links to their email
- use PCUSA site <http://capwiz.com/pcusa/home/> to connect with your National officials on any issue. Also offers content specific messages on subjects supported by PCUSA Legislative Action Center

Learn More:

- visit the library
- take classes
- watch environmental shows on TV
- get involved in environmental projects with friends from Stone Church
- check some earth centered websites
 - **California Interfaith Power & Light**, of which Stone Church is a member, helps educate congregations on the theological basis for eco-stewardship and assists them in implementing programs to reduce their greenhouse gas emissions and become more energy efficient <http://www.interfaithpower.org>
 - **The Center for a New American Dream** helps Americans consume responsibly to protect the environment, enhance quality of life, and promote social justice. <http://www.newdream.org/index.php>
 - **Presbyterian Church, USA's** call to members & congregations to restore the Creation is at <http://www.pcusa.org/environment/restore.htm>
 - **Environmental Action** <http://www.environmental-action.org/> has information and action links about global warming, clean air, wilderness, energy independence, and oceans
 - **Co-Op America** <http://www.coopamerica.org/> encourages individuals to make purchasing and investing choices that promote social justice and environmental sustainability and support green and fair trade resources.
 - **Eco-Justice Ministries** <http://www.eco-justice.org> an independent, ecumenical agency that helps churches answer the call to care for all of God's creation
 - **Acterra** <http://www.acterra.org/> A Palo Alto based non-profit dedicated to bringing people together to create local solutions that enhance the natural environment.